



Emergency Supplies

During hurricane season, it is wise to maintain the following:

Food - It is recommended that you maintain an adequate supply of food to last your household for at least 3 – 5 days after a storm. Select items that are easy to prepare and have a relatively long shelf-life. Some examples are included in the table below.

Zero-Prep Food	Minimal-Prep Food
<ul style="list-style-type: none"> • Dry cereal • Canned fruits • Canned vegetables • Canned juice • Ready to eat canned soups and meats • Canned pasta • Canned beans • Peanut Butter • Bread • Bananas • Apples • Oranges • Crackers • Nuts • Granola and energy bars 	<ul style="list-style-type: none"> • Rice • Pasta • Pasta Sauce • Seasoning • Oats

Water – 1 Gallon of drinking water per day per person. It is recommended that you maintain an adequate supply of drinking water to last your household for at least 3 – 5 days after a storm.

Cash – ATMs may be down after a storm. You should therefore keep enough cash on hand in the event you may need to evacuate.

Gas – Ensure your vehicle has a full tank of gas. It is also recommended that you safely store enough fuel to power your generator (as applicable).

Other Supplies

Personal hygiene and household items	Cleaning supplies	Medical
<ul style="list-style-type: none"> • Toilet paper • Moist towelettes • Baby Supplies 	<ul style="list-style-type: none"> • Garbage bags • Dish soap 	<ul style="list-style-type: none"> • First aid kit • Mosquito repellent

<ul style="list-style-type: none">• Diapers• Wipes• Formula or baby food• Bottles• Rash ointment• Paper towels• Paper plates and cups• Plastic utensils• Food storage bags or containers• Flashlight• Tool kit• Tarpaulin• Rope• Duct tape• Manual can opener• Strike-anywhere matches• Pet Supplies (incl. food)• Leash and collar• Water and food bowls• Solar power bank (charging device for your electronics)		
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